

**Certification Process
Possible Tracks and
Estimated Cost**

Track 1	Credit Earned	Cost range		Track 2	Credit Earned	Cost range
Residential Certification Program	96	\$1256-1475		Residential Certification Program	96	\$1256-1475
Working with Your Attention	16	\$65-\$87		Working with Your Attention	16	\$65-\$87
2nd distance learning program	16	\$65-\$87		Naikan Retreat	52	\$625 - \$750
3rd distance learning program	16	\$65-\$87				
4th distance learning program	16	\$65-\$87				
Final 2 credits see below	2					
Total Credit Need 162	162	\$1516-\$1823		Total Credit Need 162	164	\$1946-\$2312

The remaining 2 credits needed for track 1 are obtained by contacting Gregg Krech. He will work out options such as:

Take a 5th distance learning program

Become an advisor for a distance learning program

Become an onsite help at one of our onsite programs

Prepare an article (subject matter pre-approved by Gregg)

Conduct some research (topic pre-approved by Gregg)

--Please note that reading list materials are not included in the above prices

--Cost range is based on membership levels and early registration discounts vs. standard rates.